

ROLENA STEPHENSON, DHEd, MPH, MHA, MCHES

EDUCATION

Doctor of Health Education

A.T. Still University of Health Sciences, Kirksville, Missouri

Master's Degree in Public Health

Master's Degree in Health/Healthcare Administration

A.T. Still University of Health Sciences, Kirksville, Missouri

Bachelor of Science in Health

Majored in Health with Biology minor.

Truman State University, Kirksville, Missouri

PROFESSIONAL EXPERIENCES

Department Chair (present)

Department of Health Sciences, College of Health and Human Services

Faculty Lead, Bachelor of Sciences in Health Sciences

Adjunct Faculty, Health Education

Trident University International – College of Health and Human Services

Work closely with Associated Dean and Dean to oversee bachelor- and master-level programs in the department and support implementation of University and academic strategic initiatives. Manage and mentor part-time faculty.

Assist and oversee course development and curriculum enhancements. Assist in accreditation and assessment activities. Develop curriculum for health education courses. Facilitate courses in health sciences. Provide mentorship and assist students in their learning process as they explore and seek ways to contribute and make a difference in their field and society. Serve in various University committees (i.e., Faculty Work-life Committee, Policy Committee, and Academic Leadership Team).

Adjunct Faculty

Health & Exercise Science, Truman State University – School of Health Sciences & Education

Developed and facilitated courses for health sciences (i.e., Substance Abuse Prevention). Provided mentorship and assisted students in developing their skills as health professionals. Served as student resource.

Adjunct Instructor

Wellness Department, Waldorf College

Developed and implemented substance abuse curriculum. Served as mentor/counselor to students. Point of contact for substance abuse problem identification and referral.

Sponsored Projects Specialist

Sponsored Programs Department, A.T. Still University

A senior member of ATSU sponsored projects pre- and post-award development team. Provided grantsmanship expertise and grant-writing leadership to the University faculty. Responsible for development/writing and provided technical assistance in the development of several federal, state, and private grant applications (i.e. NIH-funded project, HRSA, MFH, AOA, Aetna Foundation, Kresge Foundation and others). Assisted in post-award reports and provide grants management expertise/oversight of awarded grants. Served in various University committees (i.e., Medical Emergency Response Team, Staff Council Member, and NIH-NCCAM KCOM R25 Advisory Committee Member).

Prevention Program Director

Prevention Department, Prairie Ridge Addiction Treatment Services

Administrative responsibilities. Wrote grant proposals and manages federal/state and private prevention grants (i.e.,

SAMHSA, CSAP, Iowa Criminal and Juvenile Justice Planning, Robert Wood Johnson Foundation, North Central Iowa United Way Substance Abuse Programs and others). Oversaw prevention department activities. Conducted needs assessments, planned, implemented, and evaluated substance-abuse education/prevention programs for youth, adults, and other community members of 7 counties in North Central Iowa. Supervised and managed prevention staff. As Health Educator/Prevention Specialist—taught researched-based prevention programs such as Prime for Life, Life Skills Training, Reconnecting Youth, Strengthening Families, Project Alert, and Project Northland. Collaborated with community leaders to address information dissemination, education, alternative activities, problem-identification/referrals, policy making, and community-based processes regarding substance-abuse issues.

Research and Laboratory Assistant

Microbiology Department

Truman State University, Kirksville, Missouri

Researched “Antibiotic Isolation from Myxobacteria.” Prepared laboratory equipment and media. Planned and supervised laboratory exercises for students.

CERTIFICATIONS

Master Certified Health Education Specialist (MCHES)

Certified Health Education Specialist (CHES)

Protecting Human Research Participants, NIH Office of Extramural Research

Certified Instructor for Project Northland

Certified Instructor for Reconnecting Youth

Certified Instructor for Project ALERT

Certified Instructor for Prime for Life

Certified Instructor for Strengthening Families Program

PROFESSIONAL ACTIVITIES AND SOCIETIES MEMBERSHIPS

Reviewer, *Substance Abuse*, journal of the Association for Medical Education and Research in Substance Abuse (2015)

Association for Prevention Teaching and Research (APTR), 2012-present

Association for Medical Education and Research in Substance Abuse (AMERSA), 2008-present

National Commission for Health Education Credentialing, Inc. (NCHEC), 2001-present

SELECTED PRESENTATIONS/PUBLICATIONS/RESEARCH/GRANTS

Stephenson, R. (2011). Evidence-based Prevention Practices/Programs. Oral presentation to Kirksville Area Health Initiative (KACHI) coalition. Northeast Missouri Health Council, Kirksville, Missouri, February 10, 2011.

Stephenson, R. (2010). *Enhancing health professionals' understanding of substance addiction through continuing education*. [Applied Dissertation]. Kirksville, MO: A.T. Still University-School of Health Management.

Stephenson, R. Substance Abuse and Addiction Treatment and Recovery. Oral presentation and discussion to interns and residents. Northeast Regional Medical Center, Kirksville, Missouri, February 2, 2010.

Stephenson, R. & Wood, L. Developing a Grant Application and Internal Review. Presentation to interns and residents. Northeast Regional Medical Center, Kirksville, Missouri, November 12, 2008.

Baruth, A., Essy, E., Greenwood, S., Hadwiger, R., Mussmann, L., Neil, N., Olson, G., Smith, J., Wilke, M., Alger, M., White, K., & Wilson, C. (2007). *School-based collaboration: A readiness guide for prevention professionals*. Des Moines, IA: Iowa Department of Public Health Bureau of Substance Abuse Treatment and Prevention.

Hadwiger, R. (January 2007). Fetal alcohol spectrum disorder. Substance Abuse Update, 2-3. Des Moines, IA: Iowa Department of Public Health.

Hadwiger, R. Understanding Substance Addiction. Oral presentation and discussion with Franklin County General Hospital, Hampton, IA, September 18, 2006.

- Hadwiger, R. Panel for Underage Drinking Town Hall Meeting. Served as substance abuse expert; oral presentation and discussion with the community members of Worth County. Northwood, Iowa, March 23, 2006.
- Hadwiger, R. Social Impact of Substance Abuse. Oral presentation and discussion with the Worth County Asset Team Coalition, Northwood, Iowa, February 28, 2006.
- Hadwiger, R. Isolation of Antibiotic from Myxobacteria. Oral and power-point presentation at the Undergraduate Research Symposium, Truman State University, Kirksville, Missouri, April 11, 2002.
- Hadwiger, R. Panel for Diversity Training in Campus Workshop. Oral presentation and discussion to the university faculty. Truman State University, Kirksville, Missouri, May 14, 2001.
- Donald, S., Daniels, L., & Hadwiger, R. Job Satisfaction and Quality Care Study. Oral and paper presentation in the Nursing Home, Twin Pines Adult Care Center, April 30, 2001.
- Hadwiger, R. Isolation of Myxobacteria. Oral presentation to Tri-Beta Honor Society, Truman State University, Kirksville, Missouri, February 19, 2001.
- Improving Oral Health Access for Vulnerable Populations. Northeast Missouri Health Council, Inc. funded by U.S. DHHS, HRSA, 2012-2015. Co-authored and provided technical oversight.
- Use and Effectiveness of Osteopathic Manipulative Medicine in the Clinical Setting, funded by the American Osteopathic Association (AOA), 2011-2013. Provided proposal development expertise and technical oversight.
- Establishing a Department of Family & Community Medicine: Training in CHCs to Meet the Needs of the Vulnerable Populations, ATSU-SOMA funded by U.S. DHHS, HRSA, 2010-2015. Provided proposal development expertise and technical oversight.
- Predocctoral Training in Primary Care, Kirksville College of Osteopathic Medicine, funded by U.S. DHHS, HRSA, 2010-2015. Provided proposal development expertise and technical oversight.
- Boosting Classroom, Interactive, & Simulation Technology/Equipment to Enhance the Future of PA Workforce, funded by U.S. DHHS, HRSA, 2010-2011. Provided proposal development expertise and technical oversight.
- Advancing Data Collection Tools for OMT Practice-based Research Network, funded by ATSU-Strategic Research Fund, 2010-2012. Provided proposal development expertise and technical oversight.
- Curriculum and Faculty Development in Evidence-based Medicine-Renewal, funded by U.S. DHHS, NIH-NCCAM, 2010-2014. Co-authored and provide post-award grants management.
- Establishment of the OMT Data-warehouse, funded by the ATSU-Strategic Research Fund, 2008-2010. Provided grant-writing leadership and technical oversight.
- Curriculum and Faculty Development in Evidence-based Medicine, funded by U.S. DHHS, National Institutes of Health (NIH) National Center for Complementary Medicine (NCCAM), 2006-2010. Provided post-award grants management from 2007-2010.
- Substance Abuse and Prevention Grant, United Way of North Central Iowa. Authored proposal and managed planning and implementation for Prairie Ridge Comprehensive Prevention Project. Prairie Ridge Addiction Treatment Agency, Mason City, IA. 2005-2007.
- Prevention Programs Grant, Criminal Justice and Juvenile Program. Co-authored (2005) and authored (2006) the proposal and managed planning and implementation. Prairie Ridge Addiction Treatment Agency, Mason City, IA. 2005-2007.
- Methamphetamine Prevention Project, Iowa Dept. of Public Health, Center for Substance Abuse Prevention. Authored proposal and managed planning/implementation of programs. Prairie Ridge Addiction Treatment Agency. 2004-2006.
- Martin Luther King Jr. Service Day Initiative Federal Grant for Truman State University. Co-authored the proposal and participated in planning and implementation. September 2000—January 2001.